

Water and Pool Safety

Geisinger Central PA HCQU

This webinar is for self advocates to review water and pool safety. The warmer weather is here and many public pools and beaches may be closed this summer. Following the guidance of state and local officials. Before heading to the pool, lake, water park or beach learn basic water safety tips to ensure a safe and pleasant water experience every time.

KEY TAKEAWAYS

- Never swim alone!
- Swim only in supervised areas.
- Always walk, never run.
- Check the depth of the water before jumping or diving in the water.
- Always wear a life vest.
- Follow all posted swimming rules.
- It's never too late to learn how to swim safely

“Water Safety

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html>

To contact our team:

Visit [AIDinPA.org](https://www.AIDinPA.org) or email us at AIDinPennsylvania@gmail.com