

Tips of the Week

1

Washing your hands is one of the best ways to prevent the spread of Covid-19.

2

Be sure to wash in between your fingers, under your nails and the backs of your hands.

3

Short nails are easier to clean and less likely to spread bacteria and viruses.

4

Viruses can hide on and underneath rings.

5

Utilize protective measures when out in public. This includes masks, remaining six feet apart and hand washing.

6

Order and pay online when possible to minimize person to person contact.