

Coronavirus-COVID-19

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These presentations provide an overview of when and how to properly wash hands. Remember, one of the best way to prevent the spread of Covid-19 is to wash your hands.

- CDC Webpage Handwashing
<https://www.cdc.gov/handwashing/when-how-handwashing.html>

KEY TAKEAWAYS

- Wash your hands with soap and water for 20 seconds.
- Remember to wash in between your fingers, under your nails and the backs of your hands too.
- Short nails are easier to clean and less likely to spread bacteria and viruses.
- Viruses and can hide on and underneath rings.

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