

Caring for Someone Who Has COVID-19 at Home

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This video for direct support professionals and family caregivers discusses how to care for someone at home who has COVID-19. Tips are provided for how to meet the person's needs while maintaining safety for the caregiver.

KEY TAKEAWAYS

- Limit exposure to the person
- Prevent the spread of infection by keeping the environment clean and washing hands frequently
- Monitor symptoms and contact a healthcare professional if symptoms worsen
- Know recommendations for stopping isolation:
 - No fever for 72 hours AND
 - Other symptoms have improved
 - 7 days since the first symptoms appeared

- CDC: Caring for Someone at Home
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html>

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