

Back Into the Community: Who to listen to and what to trust

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We are always learning new things about coronavirus. We are also hearing that we may soon be able to slowly reenter the community. All of this information is coming from multiple sources and can become confusing. For anything related to our state, listen to our Governor or Department of Health. If you still have questions it is always ok to turn to family or support staff. Remember that these restrictions will be lifted and we will get through this together.

- Health.pa.gov
- Cdc.gov
- Who.int
- [Being a Careful Reader of Coronavirus Information](#)

KEY TAKEAWAYS

- Listen to reliable sources that provide science-based information
 - Centers for Disease Control (CDC)
 - World Health Organization (WHO)
 - Pennsylvania's Governor, Tom Wolf
 - Pennsylvania's Department of Health Secretary, Dr. Rachel Levine
- You can only go out into the community now for essential purpose however
- Restrictions will soon start to be lifted, listen to Governor Wolf and Dr. Levine on how and when

To contact our team:

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