

Preparing For A Hospital Stay

If I have a medical procedure, I may need to spend a few nights in the hospital.



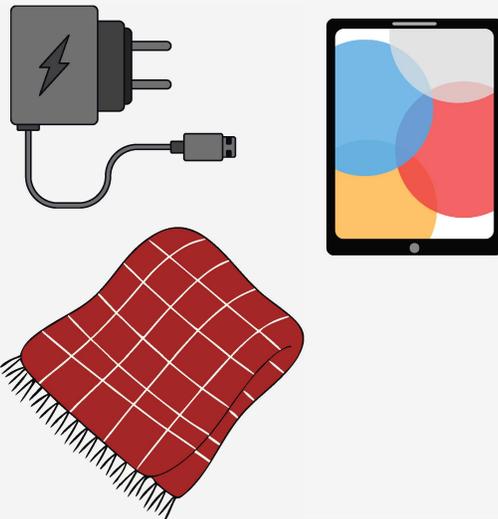
I should pack my bag ahead of my stay.



Some items I need to pack include toiletries, pajamas, underwear, and comfortable clothes, socks, and shoes.



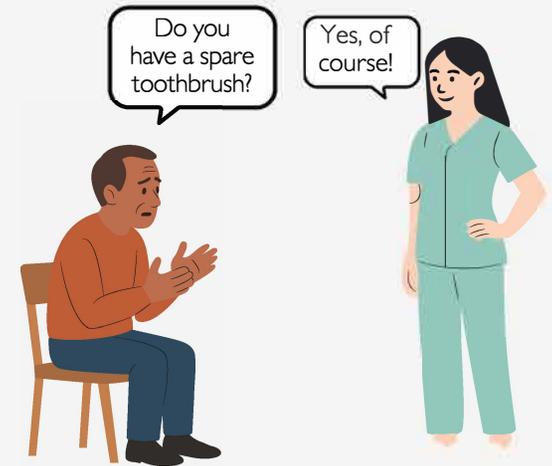
I should also pack a phone charger and comfort items I might need overnight.



I need to remember to bring my ID and insurance card.

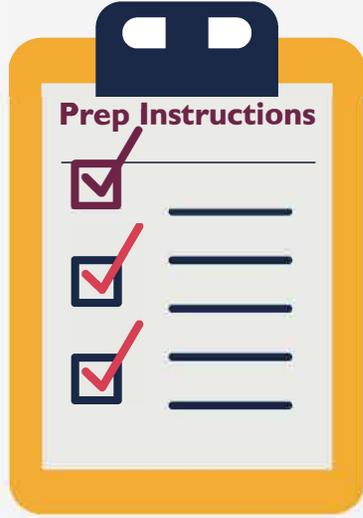


If I forget to pack something, I can ask a nurse or other staff member for a spare.



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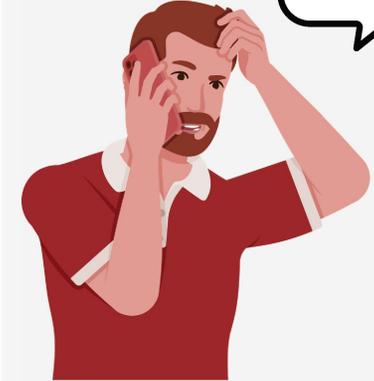
I should follow all instructions the night before my procedure.



These instructions may include not eating, not taking my regular medication, or washing with a special soap.



If I have questions or concerns, I should call the hospital.



I'm nervous and have a few questions about tomorrow.